

# May 2018

## Richfield Elementary School

### BREAKFAST



**School Information:** Middle School Classroom Breakfast . **Cost is \$1.85 and includes Milk.** Menu subject to change. This institution is an Equal opportunity and employer.



**Nutrition Tip:** For homemade sweets, add dried fruits like apricots or raisins and reduce the amount of sugar. Adjust recipes that include fats like butter or shortening by using unsweetened applesauce or prune puree for half the amount of fat.



### Monday



### Tuesday

### Wednesday

### Thursday

### Friday

Whole Grain Strawberry Or Brown Sugar Cinnamon Pop Tart **7**  
String Cheese Craisins / Juice Cup

Whole Grain Banana Bread **1**  
String Cheese Craisins / Juice Cup

Whole Grain Chocolate Chip Muffin **2**  
String Cheese Craisins / Juice Cup

Whole Grain Blueberry Muffin **3**  
String Cheese Craisins / Juice Cup

Whole Grain Cinnamon Roll **4**  
Available in Café only!

Whole Grain Strawberry Or Brown Sugar Cinnamon Pop Tart **7**  
String Cheese Craisins / Juice Cup

Whole Grain Chocolate Chip Muffin **8**  
String Cheese Craisins / Juice Cup

Whole Grain Banana Bread **9**  
String Cheese Craisins / Juice Cup

Whole Grain Chocolate Chip Muffin **10**  
String Cheese Craisins / Juice Cup

Whole Grain Cinnamon Roll **11**  
Available in Café only!

Whole Grain Strawberry Or Brown Sugar Cinnamon Pop Tart **14**  
String Cheese Craisins / Juice Cup

Whole Grain Banana Bread **15**  
String Cheese Craisins / Juice Cup

Whole Grain Strawberry Filled Bagel **16**  
String Cheese Craisins / Juice Cup

Whole Grain Apple Cinnamon Muffin **17**  
String Cheese Craisins / Juice Cup

Whole Grain Cinnamon Roll **18**  
Available in Café only!

No School! **21**

Whole Grain Chocolate Chip Muffin **22**  
String Cheese Craisins / Juice Cup

NO Grab N Go Today!  
Middle School Field Trip! **23**

Whole Grain Blueberry Muffin **24**  
String Cheese Craisins / Juice Cup

No School! **25**

No School! **28**

Whole Grain Blueberry Pop Tart **29**  
String Cheese Craisins / Juice Cup

Whole Grain Chocolate Chip Muffin **30**  
String Cheese Craisins / Juice Cup

Whole Grain Chocolate Chip Muffin **31**  
String Cheese Craisins / Juice Cup  
(Last Grab N Go for the year!)

